

monthly newsletter from



WELCOME

From the desk of the General Secretary...

Welcome to our revamped newsletter in what are exciting times at Singh Sabha Southall. Despite the challenging state of the World that we are all facing, it is imperative we remain in Chardhi-Kalla as is the Sikh way... *Read on at page 3*



Return of our NAGAR KIRTAN

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Recent Events

Read about a selection of events organised for the benefit of the Sangat at Singh Sabha Southall:

- launch of Kaur's Connect;
- SEND workshop in Punjabi;
- 13 Community Clinic.

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Upcoming Events

Find information on a selection of upcoming events at Singh Sabha Southall - for a comprehensive list and for regular weekly Darbar programmes please check our noticeboards on site.

- little Cubs dastar-tying morning;
- Guru Gobind Singh Ji Gurbpurab childrens activities;
- weekly youth dastar-tying sessions;
- Beast Fight Club MMA.

GURU GOBIND SINGH JI GURPURAB
Children's Activities!

SINGH SABHA SOUTHALL
GIANI DITT SINGH HALL AND
RANI JIND KAUIR HALL (PARK AVENUE)
for ages: parent+toddlers - 16
(parents should remain on site with their children)

10AM - 4PM
29TH DECEMBER

ACTIVITIES

- ✓ Gurbpurab-inspired arts and crafts
- ✓ Sing-a-long Shabad time
- ✓ Story-telling and creative writing
- ✓ Map-based exhibition and display

RESERVE FOR YOU

sgss

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Finance Sub Committee open meeting with Sangat
Wed 7th December 2022 6.30pm
Park Avenue Gurdwara (1st floor meeting room)
Topic: Presenting the draft 2023 budget

A BUDGET FOR THE SANGAT BY THE SANGAT, FOCUSING ON:

- Facilitates Education
- Dharam Parchar
- Sports
- Welfare

For more information email: Harpreet@sgsss.org (Assistant Treasurer)

Finance sub-committee

The first Finance sub-committee public meeting took place on Wednesday 7 December with the Sangat at the Park Avenue Gurdwara site.

Over thirty members attended and contributed to the meeting.

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NAGAR KIRTAN RETURNS

Europe's largest Nagar Kirtan returned on Sunday 6 November 2022

A major event on the Sikh calendar in the UK is the Southall Singh Sabha Nagar Kirtan. Held twice annually to celebrate Vaisakhi (April) and Guru Nanak Sahib's Gurpurab (November), the Nagar Kirtan was cancelled throughout the two and a half years of Covid-related restrictions and only now has a return been possible.

Thanks to the grace of Guru Sahib and the support of the Sangat Singh Sabha Southall held its first Nagar Kirtan for three years on Sunday 6 November 2022. We look forward to continuing this bi-annual event in April 2023.

Post-Covid return

It has been a difficult few years for everyone worldwide in many ways and as we have celebrated our Sikh institutions for their response to the restrictions instigated by Covid-19, many Sikhs will have felt great disappointment at the absence of the Nagar Kirtan. Nowhere in Europe has this loss

been more acutely felt than in Southall which is at the centre of praxis for Sikhs from hundreds of miles around.

But after such a long break, the conditions were finally suitable for Singh Sabha Southall to reinstate the Nagar Kirtan at the time of celebrating the Gurpurab of Guru Nanak Sahib as well as the traditional

Nishan Sahib seva. Tens of thousands made their way to join the Sangat in procession behind the King of Kings, Guru Granth Sahib Ji, as we made the familiar journey around the area beginning from Guru Nanak Road, concluding at Park Avenue. We would like to thank all Sangat and sevadars for the smooth-running of the day's events.

estimated Sangat of
60,000
attended the
Southall Singh Sabha
in November 2022

FROM THE DESK OF THE
GENERAL SECRETARY

Dear Sangat, welcome to our revamped newsletter,

Welcome to our revamped newsletter in what are exciting times at Singh Sabha Southall. Despite the challenging state of the world that we are all facing, it is imperative we remain in Chardhi-Kalla as is the Sikh way, but that is only possible when we foster an environment for the Sangat and wider society that helps us to be the best that we can be. At Singh Sabha Southall, we have a renewed sense of responsibility and spirit to fulfill that aim having been given the privilege to serve as your committee in the autumn election - we intend to reward your faith in us and provide valuable services, events and learning.

The entire roster of 'Panthic' candidates thanks the Sangat for the overwhelming support they showed in voting for us to serve Singh Sabha Southall. We hope that all of the Sangat, including those who stood as candidates unsuccessfully, will join us in making this great institution rise ever higher still in accordance with the teachings of Guru Nanak Sahib.

We welcome the Sangat's feedback at all times and hope that you will provide constructive and innovative ways to advance the historic institution of Singh Sabha Southall so that it can live up to its name and reputation both within the local community and internationally.

In this historically significant month of Poh, *may the rider of the blue horse protect us.*

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Cancelled throughout the two and a half years of Covid-related restrictions, only now has a return been possible for Europe's largest Nagar Kirtan held on Sunday 6 November.

4 Who are your Singh Sabha committee?

Having been selected overwhelmingly to serve the Sangat at Singh Sabha Southall, read this guide to the personalities and positions who are now responsible for this great institution.

5 Upcoming events - a selection

Find information on a selection of upcoming events at Singh Sabha Southall - for a comprehensive list and for regular weekly Darbar programmes please check our noticeboards on site.

Open meeting by the Finance sub-committee

Read about it on page 7

Upcoming Darbars, next edition and credits

Find them all on page 8

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Recent events - a selection

Read about a selection of events from across the last month organised for the benefit of the Sangat at Singh Sabha Southall.



Who are your SINGH SABHA COMMITTEE?

What it means to be Panthic

Our Panth is facing many problems around the World, problems that we can help to resolve if we come together and work in unison with the guidance of the Guru. Providing solutions and making a change for the better can only happen when we have our own house in order and that is why the Panthic group came together at Singh Sabha Southall. We will work hard for the Sangat here so that we safeguard this historic institution and make it fit for the 21st century; offer education and learning to every member of the Sangat that wants to advance; and support those of our community who are in need of help, in the spirit of Sarbat da bhalla.

Personalities and positions

The Singh Sabha Southall committee is comprised of the following twenty-one sevadars:

- Himmat Singh Sohi, President
- Kulwant Singh Bhinder, Vice President
- Harmeet Singh Gill, General Secretary

Having been selected overwhelmingly to serve the Sangat, here are the personalities and their committee positions

- Jagdish Kaur, Joint General Secretary
- Sukhdev Singh Aujla, Operations-in-charge Guru Nanak Road
- Jarnail Singh, Operations-in-charge
- Dr Parvinder Singh Garcha, Education, Health & Wellbeing
- Jitpal Singh Sahota, Treasurer
- Tej Kaur Grewal, Mael Gael
- Dr Davinderpal Singh Kooner, Joint Treasurer
- Manjit Singh, Stage Secretary
- Harpreet Kaur Bains, Assistant Treasurer
- Bachan Singh Sidana, Social & Cultural Secretary
- Pritam Singh Sahota, Sports Secretary
- Gulzar Singh Chathrath, Estates Management & Langar
- Harjit Singh Ponaich, Stage Secretary
- Harbans Singh Kalsi, Estates Management & Langar (Park Avenue)
- Karnveer Singh Rai, IT & Social Media
- Sukhdeep Singh Gill, committee member
- Balpreet Kaur Malhotra, Welfare & Safeguarding Lead
- Mansukhbir Singh Johal, Legal Advisor

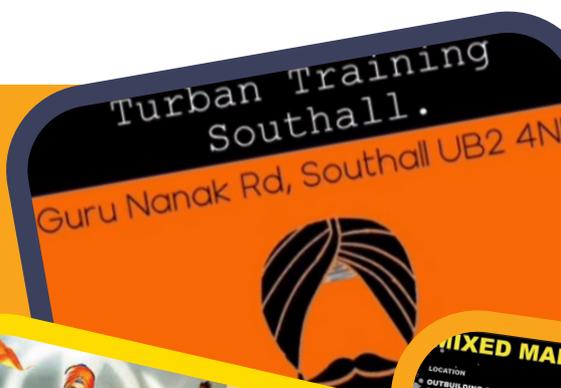


A HEARTFELT MESSAGE

- Singh Sabha Southall committee Sevadars

Guru Sahib and the Sangat blessed the sevadars of the Panthic group with a historic landslide victory; may Guru Sahib and the Sangat now bless us on our journey to create a Gurdwara that we can all be proud of! Feel free to approach us with any comments, suggestions or questions.

Upcoming Events A SELECTION





GURU GOBIND SINGH JI GURPURAB

Children's Activities!

SINGH SABHA SOUTHALL
 GIANI DITT SINGH HALL AND
 RANI JIND KAUR HALL (PARK AVENUE)
 for ages: parent+toddler - 16
 (parents must remain on site with their children)

10AM - 4PM
29TH DECEMBER







ACTIVITIES

- ✓ Gurburab-inspired arts and crafts
- ✓ Sing-a-long Shabad time
- ✓ Story-telling and creative writing
- ✓ Map-based exhibition and display

RESERVE A SPACE FOR YOUR CHILD!

sgsss.org/gurburab

MIXED MARTIAL ARTS
 LOCATION: OUTBUILDING 8, KHALSA SCHOOL GROUNDS, NORWOOD GREEN ROAD
 TIMETABLE:
 MON 6:30 - 8:30PM STRIKING
 TUE 6:30 - 8:30PM BRAZILIAN JIU-JITSU
 WED 6:30 - 8:30PM BRAZILIAN JIU-JITSU
 THU 6:30 - 8:30PM STRIKING
 FRI 12:00 - 2:00PM OPEN MAT
 SAT 11:00 - 12:30PM KIDS MMA
 SUN 12:00 - 2:30PM MMA



LITTLE CUBS PLAYGROUP

EVERY MONDAY
10AM - 12NOON (TERM TIME)

@ NORWOOD HALL, UB2 4LA
NORWOOD GREEN ROAD, SOUTHWALL UB2 4LA
Come and register for the opportunity to meet other parents whilst your little ones explore.

- Free Play
- Snacks
- Punjabi Rhymes
- Sensory Play
- Much more

REGISTER NOW

NOW OPEN | AGES 0 - 4 YEARS | FREE REGISTRATION

In memory of the Shaheedi of the Chote Sahibzade, Baba Zorawar Singh Ji and Baba Fateh Singh Ji, Little Cubs Playgroup will be holding a dastar tying morning.

Come and join us on Monday 26th Dec 2022 10-12 @ Norwood Hall

This is a selection of upcoming events at Singh Sabha Southall - for a comprehensive list and for regular weekly Darbar programmes please check our noticeboards on site.

Monday 26 Dec. 10am-12pm

In memory of the Shaheedi of the Chote Sahibzade, Baba Zorawar Singh Ji and Baba Fateh Singh Ji, Little Cubs Playgroup will be holding a dastar tying morning! Come and join us on Monday 26 December from 10am until 12pm at the Norwood Hall Huts.

Thursday 29 Dec. 10am-4pm

To celebrate Guru Gobind Singh Ji's

Gurburab, special arts and crafts activities will be taking place for children on 29 December at Giani Ditt Singh Hall, Park Avenue Gurdwara. Parents with toddlers are welcomed as are any children up to the age of 16 (must be accompanied at all times by a parent). Please book your place by visiting:

<https://sgsss.org/gurburab>

Friday and Saturday dastar-tying

Join with young Sangat members to learn to tie a dastar at Singh Sabha on Guru Nanak Road on Fridays from 4.15pm-5.30pm and on Saturdays from

4pm-5.45pm. For more information ask for Ravinder Singh on 0208 574 4311.

Monday to Sunday

Join the Beast Fight Team every day of the week for Mixed Martial Arts at Outbuilding 8 on the grounds of Khalsa School and Norwood Hall.

From Monday to Thursday at 6.30pm-8.30pm for *Striking, Brazilian Ju-Jitsu (no-Gi), Brazilian Ju-Jitsu (Gi) and Striking* respectively; Fridays at 12pm-2pm for *Open Mat*; Saturdays at 11am-12.30pm for *Kids MMA ages 5-12*; Sundays at 12pm-2.30pm for *MMA*.

Recent Events A SELECTION

These are a selection of recent events organised for the Sangat at Singh Sabha Southall. They do not include our regular Darbar events which we hope to report on in future editions.

Launch of Kaur's Connect

A Sikh female forum has launched at Singh Sabha Southall with their first event held at the Guru Nanak Road site on Friday 16 December, hosted by members of B.A.T.H coaching. The Kaur's Connect journey will focus on aspects to help attending females flourish in both their personal and professional lives with the guidance of Sikhi. The forum is called Kaur's Connect because everything the team have designed for attending females is to ensure a Kaur Connection to make our community stronger and safer, using the platform to discuss current events along side references to Sikh history. For further information or ways to get involved contact @princess2warrior via Instagram.

SEND workshop in Punjabi

Our regular offering for SEND parents and carers took place on Monday 12 December at the Guru Nanak Road site in the form of a workshop focusing on communicating with your child using visual support. Attendance at these regular events is free of charge; for more information contact Mr Carlos Arbuthnott by email - carlos.arbuthnott@shrg.ngo

13 Community Clinic

The 13 Community Clinic was at our Park Avenue site on Sunday 20 November for their monthly free service to offer members of the Sangat advice and guidance on medical, legal and well-being issues. Find them at Singh Sabha Southall on the third Sunday of every month.



Singh Sabha Gurmat Sangeet Academy

Performances by students from the Singh Sabha Gurmat Sangeet Academy were extremely well-received by the Sangat at a Darbar held on 13 November to commemorate Guru Nanak Sahib's Gurpurab. Our focus is to encourage our youth to do as much seva as possible at the Park Avenue site.

- ✓ Tanti saaz
- ✓ Kirtan/Tabla
- ✓ Gurmat Sangeet

Register to join the
Gurmat Sangeet Academy:
panjabi@sgsss.org



Totals: Year-to-Date November 2022

Singh Sabha Southall has received £2,957,778.24 and spent £2,118,783.31 in the year-to-November 2022

A BUDGET FOR THE SANGAT BY THE SANGAT, FOCUSING ON:

- Facilitates
- Education
- Dharam Parchar
- Sports
- Welfare

For more information email: Harpreet@sgsss.org (Assistant Treasurer)

WWW.SGSSS

Treasury team's OPEN MEETING with Sangat

Public meeting

The first Finance sub-committee public meeting took place on Wednesday 7 December with the Sangat at the Park Avenue Gurdwara site. Over thirty members attended and contributed to the meeting.

Purpose and agenda

The Treasury team and General Secretary provided an overview of Singh Sabha Southall's income streams and range of expenditure, with the main focus of the evening being the draft budget for 2023.

Draft budget for 2023

Areas of expenditure that were highlighted included site facilities,

education, staff training, parchar, sports, and wellbeing initiatives. The attending Sangat provided valuable feedback and suggestions that will be considered.

Future meetings

How we manage the Gurdwara's administration, maintain upkeep of its buildings, develop the institution – these are all vital matters that we as Sikhs should care about.

How we perform these tasks for the Gurdwara should be better than we are doing for our employers and even inside our businesses and homes.

Further sessions will be held in the future to improve transparency and



to allow the sangat to contribute ideas. We hope to continue warranting your faith in us as a committee by serving in the best interest of Singh Sabha Southall, ensuring open-communication, and welcoming your input.

Treasury team

- Jitpal Singh Sahota, Treasurer

- Dr Davinderpal Singh Kooner, Joint Treasurer

- Harpreet Kaur Bains, Assistant Treasurer

Stay up to date with what's happening at Singh Sabha Southall with the latest news and happenings via Whatsapp and email. Sign up at <https://sgsss.org/latest-news/>

New Years Eve 2022 Darbar

At this most busiest time of year, there will be Kirtan Darbars held at both Singh Sabha Southall Gurdwara sites until midnight. Experience New Years Eve amidst the glorious gathering of the Sangat in the presence of the King of Kings, Guru Granth Sahib Ji!

Please plan your travel arrangements in advance to avoid the manic traffic at both Gurdwara car parks throughout the day - avoid driving in if possible.



Shaheedi Samagam 23-26 December

The month of Poh is replete with immense sacrifices in the history of the Sikhs, most notably that of the Chotte Sahibzadeh. Commemorate this important date by attending our Shaheedi Samagam that will be taking place daily from Friday 23 December until (and including) Monday 26 December.

Kirtan, Kavishri and Dhadi from:

- Bhai Manjit Singh Ji Pathankot wale
- Bhai Simranjit Singh Ji Parwana
- Bhai Rasal Singh Ji Dhadi
- Hazoori Ragis from Sri Darbar Sahib Amritsar...
- Bhai Sahib Singh Ji
- Bhai Randhir Singh Ji
- Bhai Sandeep Singh Ji

WITH THE BLESSINGS OF
SRI GURU GRANTH SAHIB JI MAHARAJ
GURDWARA SRI GURU SINGH SABHA
SOUTHALL & ANAHAD KIRTAN SOCIETY PRESENTS

Shaheedi SAMAGAM

23RD-26TH DECEMBER 2022

BHAI MANJIT SINGH JI PATHANKOT WALE
BHAI SIMRANJIT SINGH JI PARWANNA
BHAI RASAL SINGH JI DHADI JATHA
BHAI SAHIB SINGH JI (HAZOORI RAAGI SRI DARBAR SAHIB AMRITSAR)
BHAI RANDHIR SINGH JI (HAZOORI RAAGI SRI DARBAR SAHIB AMRITSAR)
BHAI SANDEEP SINGH JI (HAZOORI RAAGI SRI DARBAR SAHIB AMRITSAR)

GURDWARA SRI GURU SINGH SABHA SOUTHALL
2-8 PARK AVE, SOUTHALL UB1 3AG

FOR MORE INFORMATION CONTACT



Volunteer with us

If you can help provide seva to improve communication with the Sangat, email:

info@sgsss.org

Visit our website at

<https://sgsss.org>

Follow our social media channels at

[@sgsssouthall](https://www.instagram.com/sgsssouthall)

next edition: ੴ ਸਤਿਨਾਮੁ, ੫੫੪ | 1 Magh, 554 | 14 January 2023