



# SGSSS NEWSLETTER

## NOVEMBER 2017

SRI GURU SINGH SABHA GURDWARA SOUTHALL NEWSLETTER

ISSUE NUMBER 02

## SRI GURU NANAK DEV JI'S GURPURAB

Sikhs across the world celebrated the Gurburab of Dhan Sri Guru Nanak Dev Ji Maharaj. At both Park Avenue and Havelock Road celebrated the day by having Kirtan and Katha Diwansa. On 5/11/17 an Amrit Sachar took place at Park Avenue Gurdwara, 45 people were blessed to receive Amrit.

SGSSS Sevadars visited Wormwood Scrubs Prison for Guru Nanak Dev Ji's Gurburab and donated books. We Look forward to working closer with the Sikh Chaplaincy.

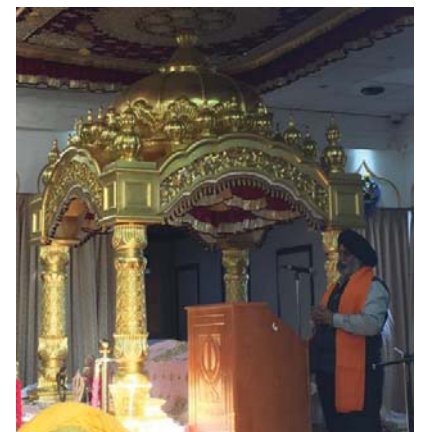
Khalsa Primary school students celebrated the Gurburab of Sri Guru Nanak Dev Ji Maharaj. In the morning a Divan and assembly took place. Committee sevadars attended and brought Parshad for the Divan from the Gurdwara to serve to the children and staff. The children did Kirtan and presentations on the Jivan of Guru Ji. The children then took part in a Nagar Kirtan around the school grounds. Th event was recorded and will be aired on TV as well as the SGSSS Youtube Channel.

To learn more about the school visit  
[www.khalsaschool.co.uk](http://www.khalsaschool.co.uk).



## FREE JAGGI NOW

The Sikh sangat from all over the United Kingdom gathered together in protest of British citizen Jagtar Singh Johal's false abduction in Panjab early in November. SGSSS organised a coach to take the local sangat to the protest at the Foreign Office. Jagtar Singh Johal is still being held and tortured in remand of police custody. Despite 14 court appearances, to this date there has been no evidence of his involvement with the false allegations. For more information please follow @freejagginow on Instagram and Twitter, fb.com/freejagginow on facebook.



## SON OF A SHAHEED

Bhai Satwant Singh the son of Shaheed Bhai Kehar Singh, who gave shaheedi in 1984. Bhai Satwant Singh was given time on stage to share memories about the life of his father. The Sangat was emotional yet very inspired after hearing what the family had been through. In honor of Bhai Satwant Singh, Bhai Beant Singh and Bhai Kher Singh the Sangat unanimously decided to rename hall 2 in their memory.



## LEST WE FORGET

On Sunday 12<sup>th</sup> November 2017, ceremonies to commemorate Remembrance Day across the country paid tribute to those who lost their lives in the two world wars and in conflicts since. The Remembrance in Southall took place at the Southall War memorial on the Green at 11am where local MP, councilors and representatives of different faiths laid down their wreaths and participated in a 2 minutes silence, short memorial service and salute. In World War one and two 83,005 Sikhs gave up their lives and over 110,000 were wounded in conflict for the freedom of Britain.



## DIABETES & ALCOHOL AWARENESS WEEK

On 14<sup>th</sup> November SGSSS alongside the London North West Healthcare NHS Trust (Diabetes Integrated Care Ealing) ran a Diabetes screening day from 11am to 2pm. This was a great opportunity for the Sangat to assess their blood pressure, sugar levels, waist check and weight checks. We had wonderful response and useful information was discussed and shared about how to detect and manage the conditions. Following this successful event on 19<sup>th</sup> November SGSSS invited Ealing RISE to raise awareness on the effects of alcohol on individuals. The

program also covered impact of alcoholism on health, families and life. The event offered support and rehabilitation programs available for individuals and families. Soon we hope to organise more events like these tackling common issues facing our community.

## GURMAT VEECHAR



## FOR BIBIYA

SGSSS alongside Sikh2Inspire Kaur's are kicking off the initiative of a Gurmat Veechar class for females at SGSSS Park Avenue Gurdwara, to be held every Thursdays 7:30pm to 8:30pm. The aim is to encourage our sisters to come together and reflect on the teachings of Gurbani and our Ithiaas (history), and provide a comfortable environment to discuss questions or topics particularly relevant especially for females.



## DEFENSE MINISTER VISIT

November 3<sup>rd</sup> : The defense minister and deputy leader of the House of Lords, Lord

Howe came to pay his respects at SGSSS Havelock Road Gurdwara. The visit included a detailed tour of the Gurdwara and a presentation was delivered on Sikhi. Including Sikh sacrifices for Britain. Concluding the visit, Lord Howe was handed a letter from the committee requesting further enquiries into the involvement of the British government in the 1984 Sikh genocide and attack on Sri Harimandhir Sahib.

## DECEMBER AT SGSSS

- **Guru Gobind Singh Ji's Gurburab and Sahibzade Shaheedi Smagam**

Havelock Road Gurdwara 20<sup>th</sup> – 27<sup>th</sup> December, Daily Simran Jaap and Akand Path

Kirtan Darbar at Park Avenue till late

- **Safeguarding your family**

Parenting course at Norwood Hall on 23<sup>rd</sup> and 24<sup>th</sup> Dec 2pm to 6pm

- **Sub committees**

Many sevadars have offered to help with the sub committees. More details to be announced shortly

## SPECIAL OFFERS FOR SGSSS MEMBERS (Just show your membership card)

Gym Membership – Discounted monthly rate and joining

i) NO JOINING FEE & £15.99 per month or

ii) £10 reduced JOINING FEE & £14.99 per

Super Singhs Deal – 10% off over anything over £10

